

Go	At	On	For
	0.0	Start of route	0.0
PIT	0.0	Meet at Carl Schurz Pk at 84th & East End Ave restrooms	0.1
QL	0.1	John Finley Walk along E River	0.1
BR	0.1	TRO John Finley Walk	0.3
S	0.4	Continue on Bobby Wagner Walk	0.7
BL	1.1	Ward's Island Bridge	0.3
L	1.4	Harlem Riv Pathway	0.6
L	2.1	Little Hell Gate Bridge	0.1
R	2.2	Harlem Riv Pathway	0.0
BL	2.2	TRO Harlem Riv Pathway	0.1
BL	2.3	TRO Harlem Riv Pathway	0.0
QR	2.3	Central Rd	0.0
QL	2.4	Central Rd CAREFUL - SAND	0.6
S	2.9	Randalls Island Connector	0.2
L	3.2	E 132nd St	0.4
R	3.6	St Ann's Ave (bike path)	1.5
R	5.1	E 161 St (uphill)	0.5
L	5.5	Prospect Ave at T	0.6
R	6.2	E 169th St	0.3
BL	6.5	E 167th St	0.3
BL	6.7	Westchester Ave (cross I-895)	0.2
R	6.9	Enter Concrete Plant Park - bike path CLOSED SUMMER 2023 – continue on Westch Ave ⇒⇒ Rt on Bronx River Ave	0.4
L	7.3	CLOSED SUMMER 2023 [At end of bike path onto sidewalk toward Bronx River Ave]	0.1
QR	7.4	Bronx River Ave under Bruckner Expressway	0.2
L	7.6	Bronx River Ave turns left and becomes Story Ave	0.1
R	7.7	QR onto Colgate Ave	0.1
L	7.8	Colgate Ave turns left and becomes Lafayette Ave	0.1
PIT	7.9	Pit stop @ Soundview Park restrooms	0.0
QR	7.9	to park restroom	0.0
QR	8.0	after restroom	0.1
QL	8.1	bike path	0.8
BR	8.9	path	0.2

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R	9.1	Right turn on narrow path (just before Soundview Amphitheater - stones arranged as seats)	0.4
R	9.5	Exit Park - turn right onto Leland Ave (O'Brien goes straight)	0.3
S	9.8	Leland becomes Bronx River Ave - Continue onto Bronx River Ave	0.1
R	9.9	Shore Haven ("Esplanade") bike path after Bolton Ave (sign on L) (hardpack) <i>Just past unmarked X Street on right</i>	0.1
BL	10.0	TRO Shore Haven Bikepath	0.4
R	10.4	Sound View Ave	0.0
QL	10.4	Enter Bike Path on Left just off Soundview Ave	0.0
	10.4	Option for Soundview Ferry back to Manhattan here	0.0
BL	10.4	bike path	0.2
S	10.6	Exit bike path - Continue onto Cornell Ave	0.1
QR	10.7	2nd right onto Pugsley Ave	0.1
L	10.8	Gildersleeve Ave	0.1
QR	10.9	Stephens Ave	0.1
R	11.0	into Pugsley Creek Park - bike path - just before O'Brien Ave	0.9
R	11.9	Follow bike path around Pugsley Creek - BR at basketball ct onto Castle Hill Pk bike path (hardpack) - exit on Hart St	0.3
S	12.2	Straight onto Castle Hill Ave	0.1
QR	12.2	BR onto Zerega Ave at fork	0.4
L	12.6	Left on Lacombe Ave (sign on right near Verizon office)	0.0
QR	12.6	QR on Havemeyer Ave to end	0.1
PIT	12.8	OPTIONAL PIT - Golden Mango market	0.6
R	13.3	Bruckner Blvd	0.2
S	13.5	Cross Zerega, uphill onto construction ramp (temporary) and over bridge <i>Caution - sharp turns around bridge towers - walk bike</i>	0.2

Go	At	On	For
R	13.7	Brush Ave	0.3
L	13.9	Lafayette Ave at light	0.1
PIT	14.0	Optional - Starbuck's	0.3
R	14.3	Cross Bronx Expy Extension at light	0.4
R	14.7	Randall Ave at end of cemetery	0.2
L	14.9	Balcom Ave	0.2
PIT	15.1	Pit in park on right	0.0
QL	15.1	Dewey Ave	0.2
R	15.3	Swinton Ave	0.5
L	15.8	Schurz Ave	0.5
R	16.3	Pennyfield Ave toward SUNY Maritime College	0.6
L	16.9	Erben Ave into College Campus - follow road around campus	1.0
BL	18.0	into scenic parking lot, then return and continue on main rd	0.1
R	18.1	Crowninshield St	0.1
L	18.2	Erben Ave	0.3
S	18.5	Exit College - Continue onto Pennyfield Ave	0.8
R	19.3	BR onto Lawton Ave over I-295/695 bridge	0.1
QL	19.4	Throgs Neck Expy svc rd	0.0
PIT	19.4	Optional pit stop at Mobil station	0.6
R	20.0	Schley Ave before fork	0.2
S	20.2	Schley becomes Clarence Ave	0.5
S	20.6	Stay on Clarence Ave	0.3
R	20.9	Fairmount Ave	0.1
QL	21.0	Stadium Ave	0.0
S	21.0	Continue on Stadium Ave	0.8
S	21.8	Cross Middletown Rd into Pelham Bay Park	0.0
QL	21.8	Immediate left onto bike path before parking lot	0.2
R	22.0	Rt into park	0.3
R	22.3	at sign for "waterfront" etc	0.0
QL	22.3	QL toward Nature Center	0.1
PIT	22.4	Pit at Nature Center, then continue toward the left	0.1
QR	22.5	QR and follow paths toward Bronx Victory Memorial	0.1

Go	At	On	For
S	22.7	Straight across front of Bronx Victory Memorial	0.2
R	22.8	Right on bike path along unnamed highway	0.3
BR	23.2	Bronx and Pelham Pkwy bike path - CAUTION - cross bridge on narrow sidewalk - KEEP RIGHT	0.4
R	23.6	bike path toward City Island	2.0
S	25.6	Continue on City Is Ave to the end of the island	0.7
PIT	26.2	Lunch at Johnny's Reef Then return on City Is Ave	0.0
	26.2	End of route	